



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டு பல்கலைக்கழகம்

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

School of Distance Education
UGC / DEB Approved Programmes
ONLINE APPLICATION COST – Rs. 300/-
www.tnpesu.edu.in

S No	Name of the Courses	Qualifications	Tuition Fees
Under Graduate Programme (3 YEARS)			
1	BSc (Yoga)	10+2	Rs. 4480/-
Post Graduate Programme (2 YEARS)			
2	MSc (Yoga)	Any graduate(10+2+3)	Rs. 7840/-
PG Diploma Programmes (2 YEARS)			
3	P.G. Diploma in Counseling	Any graduate in Psychology (10+2+3)	Rs. 4480/-
4	P.G. Diploma in Exercise Therapy	Any graduate (10+2+3)/ Any Paramedical courses BSc., Phy., Edn., B.P.Ed. M.P.Ed., B.P.E., B.Sc.& M.Sc	Rs. 4480/-
5	P.G. Diploma in Fitness and Nutrition	Any graduate(10+2+3)	Rs. 4480/-
6	P.G. Diploma in Fitness and Wellness Management	Any graduate(10+2+3)	Rs. 4480/-
7	P.G. Diploma in GYM / Fitness Instructor	Any graduate(10+2+3)	Rs. 5600/-
8	P.G. Diploma in Karate	Any graduate(10+2+3)& Black belt above II Dan	Rs. 5600/-
9	P.G. Diploma in Kubudo	Any graduate(10+2+3)	Rs. 5600/-
10	P.G. Diploma in Memory Development & Psycho Neurobics	Any graduate(10+2+3)	Rs. 4480/-
11	P.G. Diploma in Obesity & Weight Management	Any graduate(10+2+3)	Rs. 4480/-
12	P.G. Diploma in Onfield Sports Injury Management	Any graduate(10+2+3) & BPT/MPT with 50%	Rs.6720/-
13	P.G. Diploma in Panchakarma Therapy	Any graduate(10+2+3)	Rs. 5600/-
14	P.G. Diploma in Silambam Fencing	Any graduate(10+2+3)	Rs. 5600/-
15	P.G. Diploma in VARMA and Thokkanam (Massage) Sciences	Any graduate(10+2+3)	Rs.6720/-
16	P.G. Diploma in Yoga	Any graduate(10+2+3)	Rs. 4480/-
17	P.G. Diploma in Yoga and Naturopathy	Any graduate(10+2+3)	Rs. 4480/-
18	P.G. Diploma in Yoga Therapy, Varma and Herbal Science	(10+2+3) Any UG Degree with yoga/ Any Degree with Diploma or PG Diploma in yoga or MBBS or BDS or Degree in Nursing or BPT or MPT or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S	Rs.6720/-
19	P.G. Diploma in Yoga Therapy		
20	P.G. Diploma in Adventurous Sports	Any graduate(10+2+3)	Rs.32000/-
21	P.G. Diploma in Sports Management	Any graduate(10+2+3)	Rs.5600/-
Diploma Programmes (1 YEAR)			
22	Diploma in Aerobic Instructor	10+2 or any 2 years ITI/ Diploma	Rs.13440/-
23	Diploma in GYM / Fitness Instructor	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
24	Diploma in Kalaripayattu	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
25	Diploma in Karate	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
26	Diploma in Kubudo	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
27	Diploma in Kungfu	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
28	Diploma in Judo	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
29	Diploma in Life Guard Training	10+2 or any 2 years ITI/ Diploma with 400 Metres Swimming	Rs.4480/-
30	Diploma in Memory Development & Psycho Neurobics	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
31	Diploma in Panchakarma Therapy	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
32	Diploma in Silambam Fencing	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
33	Diploma in Taekwondo	10+2 or any 2 years ITI/ Diploma	Rs.4480/-
34	Diploma in VARMA and Thokkanam (Massage) Sciences	10+2 or any 2 years ITI/ Diploma	Rs.4480/-

35	Diploma in Yoga	10+2 or any 2 years ITI/ Diploma	Rs.3360/-
36	Diploma in Yoga and Naturopathy	10+2 or any 2 years ITI/ Diploma	Rs.3360/-
37	Diploma in Yoga for Human Excellence	10+2 or any 2 years ITI/ Diploma	Rs.1500/-
38	Diploma in Adventurous Sports	10+2 or any 2 years ITI/ Diploma	Rs.32000/-
39	Diploma in Yoga for Youth Empowerment	10+2 or any 2 years ITI/ Diploma	Rs.600/-
Certificate Programme (6 MONTHS)			
40	Certificate in Aerobic Instructor	10 th or its equivalent	Rs.11200/-
41	Certificate in GYM / Fitness Instructor	10 th or its equivalent	Rs.2800/-
42	Certificate in Karate	10 th or its equivalent	Rs.2800/-
43	Certificate in Kubudo	10 th or its equivalent	Rs.2800/-
44	Certificate in Kungfu	10 th or its equivalent	Rs.2800/-
45	Certificate in Memory Development & Psycho Neurobics	10 th or its equivalent	Rs.2240/-
46	Certificate in Panchakarma Therapy	10 th or its equivalent	Rs.2800/-
47	Certificate in Silambam Fencing	10 th or its equivalent	Rs.2800/-
48	Certificate in Yoga	10 th or its equivalent	Rs.2240/-
49	Certificate in Yoga and Naturopathy	10 th or its equivalent	Rs.2240/-
50	Certificate in Yoga for Human Excellence	10 th or its equivalent	Rs.2240/-
51	Certificate in Yoga for Youth Empowerment	10 th or its equivalent	Rs.400/-
52	Certificate Course in Yoga Education	10 th or its equivalent	Rs.500/-

Contact Details:

Director

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[Handwritten Signature]
12/10/2020