



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI

(A Project of Sri Marudhar Kesari Jain Trust)

Recognised u/s 2(f) & 12(B) by UGC Act, 1956 - Permanently Affiliated to Thiruvalluvar University

Re-Accredited by NAAC with "A" Grade An ISO 9001:2015 Certified Institution



DEPARTMENT OF PSYCHOLOGY ORGANIZED STATE LEVEL WEBINAR ON "HEALTHY MIND AND HEALTHY LIFESTYLE" ON 21.12.2021

INVITATION



MKJC
MARUDHAR KESARI JAIN COLLEGE FOR WOMEN



Internal Quality Assurance Cell & Department of Psychology
In Association with
All India Women's Conference
Organizes

A STATE LEVEL SEMINAR ON "HEALTHY MIND & HEALTHY LIFE STYLE"



Resource Person
Ms. Farhana Iffath

Date: 21.12.2021
Venue: New Seminar Hall
Time: 11.00 AM


Sri. C. Lickmichand Jain
Secretary

Dr. M. Inbavalli
Principal

Ms. M. Ashitalakshmi
IQAC Coordinator,
Convenor

Ms. G Sheeba
Dept of Psychology,
Convenor

freepptbackground.com


PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751

AGENDA

PRAYER SONG

WELCOME ADDRESS: Sana Fathima, 1st Psychology


FELICITATION: Dr.M.Inbavalli, Principal, MKJC

INTRODUCING THE CHIEF GUEST: Ms.G.Sheeba

GUEST SPEAKER: Mr.Gnanarajsadachram, TheMinistro Foundation, Chennai.

VOTE OF THANKS: Sabha Kulsum,1st Psychology

NATIONAL ANTHEM


PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI



**DEPARTMENT OF PSYCHOLOGY ORGANIZED STATE LEVEL
WEBINAR ON “HEALTHY MIND AND HEALTHY LIFESTYLE” ON 21.12.2021**

REPORT

The Internal Quality Assurance Cell(IQAC) & Department of Psychology in Association with All India Women’s Conference Organizes state level seminar on “healthy mind & healthy life style” held on 21.12.2021 was an informative and mentally useful program. The core structures of this program were how to be strong enough in our mental health at any situation. This program was organized specially for the students from the department of Psychology, Maths and ND. Our students felt the session was really a refreshing to the mind. Students were asked to bring their parents on the last day and made both parent and students to open up. It helped to share a good relationship with each other. Resource person also were happy about the hospitality provided by the refreshment duty staffs. Everyone is hoping to have such thought provoking sessions even in the future and in large quantity of students. Around 607 students participated in the program.

Head of the Department

PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751

PHOTOS



M. Srinivas
PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751