



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI

(A Project of Sri Marudhar Kesari Jain Trust)

Recognised u/s 2(f) & 12(B) by UGC Act, 1956 – Permanently Affiliated to Thiruvalluvar University

Accredited by NAAC with “A” Grade An ISO 21001:2018 Certified Institution





PG DEPARTMENT OF PSYCHOLOGY & DISTRICT MENTAL HEALTH

PROGRAMME TIRUPATHUR DISTRICT JOINTLY ORGANIZED

“AWARENESS PROGRAMME ON SUICIDE PREVENTION” ON 21.09.2023


INVITATION


**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN
VANIYAMBADI**
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of UGC Act 1956 || Permanently Affiliated to Thiruvalluvar University || Accredited with
“A” Grade by NAAC (3rd Cycle) || An ISO 21001:2018 Certified Institution


**30** Years
of Educational
Excellence

**PG Department of Psychology &
District Mental Health Programme Tirupathur District
jointly organize
Awareness Programme on Suicide Prevention**

Chief Guest


Thiru.D. Baskara Pandian I.A.S
Collector
Tirupattur District


Dr.K.Marimuthu
MBBS,DCH.,DNB.,MBA(HA).,
Joint Director of Health Services
District Collector Office
Tirupattur


Dr.M.Prabavarani MBBS.,MD.,
District Psychiatrist
District Mental Health Programme
Govt.Headquarters Hospital
District Collector Office Tirupattur

ACTIVITIES

- Rally
- Awareness Programme
- Exhibition

21.09.2023 @ 9.30am

Sri C.Lickmichand Jain
Secretary

Dr. M.Inbavalli
Principal

Dr. Jesu Jayasudan
Research Head

Dr.Lesitha &Ms.M.Prithi
Convenor


PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751

AGENDA



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN



VANIYAMBADI

**PG DEPARTMENT OF PSYCHOLOGY & DISTRICT MENTAL HEALTH
PROGRAMME TIRUPATHUR DISTRICT JOINTLY**

Organizes


AWARENESS PROGRAMME ON SUICIDE PREVENTION

AGENDA

DATE: 21.09.2023

TIME: 09.30 AM

- ❖ **Host** : Ms. Nashitha Fathima
III BSc Psychology, MKJC.
- ❖ **Prayer Song**
- ❖ **Welcome Address** : Ms. Muskan Shifa. T
III Bsc Psychology, MKJC
- ❖ **Felicitatlon** : Dr. M. Inbavalli,
Principal, MKJC
- ❖ **Introduction of the Chief Guest** : Ms. Afifa Fathima. M
I BSc Psychology, MKJC.
Ms. Sakthi Priya. S
II BSc Psychology, MKJC.
- ❖ **Resource Person** : Thiru.D. Baskara Pandian, I.A.S
Collector, Tirupattur District.
Dr. K. Marimuthu, MBBS, DCH., DNB., MBA(HA).,
Joint Director of Health Services,
District Collector Office, Tirupattur.


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PROGRAMME TIRUPATHUR DISTRICT JOINTLY ORGANIZED**



“AWARENESS PROGRAMME ON SUICIDE PREVENTION” ON 21.09.2023

REPORT

On 21st September, 2023, A One Day Awareness Programme on Suicide Prevention was jointly organized at Marudhar Kesari Jain College for Women, Vaniyambadi by The Department of Psychology & District Mental Health Programme, Tirupattur District to commemorate World Suicide Prevention Day. The program was presided by the honorable chief guest Thiru. D. Baskara Pandian, I.A.S Collector, Tirupattur District along with the Management, Principal and PRO of Marudhar Kesari Jain College for Women, Vaniyambadi.

The event started on a positive note with a rally to commemorate World Suicide Prevention Day and create awareness about suicide. The rally was flag hoisted by Thiru. D.Baskara Pandian, I.A.S Collector, Tirupattur District. The rally started from MKJC College and went till St. Paul's School, Cross Road. Students of the department of psychology and NSS volunteers of MKJC College were part of the rally along with the respective staffs. The students raised slogans against suicide and the importance of mental health to create awareness among the local residents and bystanders. They also held pluck cards with suicide awareness slogans and handed out notice on suicide awareness. The rally was a grand success, it was attended by 200 students.

After the rally, the awareness program started at with the Prayer Song followed by Tamizh Thai Vaazhthu. The welcome address was delivered by Ms. Muskan Shifa. T, III BSc Psychology. The gathering was felicitated by Dr. M. Inbavalli, Principal, MKJC, who congratulated the department of psychology for this wonderful initiative. After the felicitation, Ms. Afifa Fathima. M, I BSc Psychology & Ms. SakthiPriya.S, II BSc Psychology introduced the Chief Guest and resource persons. The resource person Dr. M. Prabavarani, MBBS., MD., District Psychiatrist, District Mental Health Programme, Govt. Headquarters Hospital, District Collector Office, Tirupattur gave an inspiring speech highlighting the causes and ratio of suicide and rose awareness about mental health with real life scenarios as examples. Followed her Dr. K. Marimuthu, MBBS, DCH., DNB., MBA(HA)., Joint Director of Health Services, District Collector Office, Tirupattur gave a revitalizing speech on the modern day scenarios which lead to suicide like early marriages, carry childbirth, extra martial affairs, loan problems, love affairs and post partum depression. They both rose awareness about 'MaNam' which is a helpline for mental health. The helpline number is 14416 and 104. The honorable chief guest Thiru.D.Baskara Pandian, I.A.S Collector, Tirupattur District gave an eye opening speech on the positive mind set and need for positive mental health. He highlighted how in the field of sports, the sports persons are trained to accept failure and pain and Change it into success, due to their

Positive outlook in life. He addressed the students as to how they have to learn to accept failures with a positive outlook and help each other overcome their hurdles in life. The program was attended by 850 students.

After the speech the honorable chief guest Thiru. D. Baskara Pandian, I.A.S Collector, Tirupattur District along with the resource persons visited the BRAIN MODEL EXHIBITION, at the MKJC College Auditorium. The Students of the Department of Psychology explained their models and charts with such enthusiasm. They highlighted the need for social awareness to prevent suicide and showcased how the brain gets affected due to stress and depression with their models. The collector congratulated them on their initiative.

Ms.Noor Fathirma.A, III BSc Psychology MKJC, delivered the Vote of Thanks. The awareness Program ended with our National Anthem on a good note.



Head of the Department



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PHOTOS



M. [Signature]
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