



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN VANIYAMBADI
(A Project of Sri Marudhar Kesari Jain Trust)

Recognized u/s2(f)&12(B) of UGC Act1956 Permanently Affiliated to Thiruvalluvar University
Re-Accredited with "A" Grade by NAAC (3rd Cycle) An ISO 9001:2015 Certified Institution



DEPARTMENT OF NUTRITION, FSM & DIETETICS

WORKSHOP ON WOMENS HEALTH 29.1.2021-30.1.2021

INVITATION



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI



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Marudhar Nagar, Chinnakallupalli, Vaniyambadi-635751

DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS

Invites you to

**TWO DAYS WORKSHOP ON
WOMEN'S HEALTH**

RESOURCE PERSON



Dr ISHWARIYA B
General Physician,
Dr. Balas Star Hospital,
Tiruvannamalai.

29.01.2021

1:30PM

Date : 29.01.2021 & 30.01.2021

Live On ZOOM and You Tube



Reg Link: <https://forms.gle/P85pKgiEmniMjAQP9>



Dr. S. ISAIHAH SAMUEL RAJ
Associate Professor of Chemistry &
Coordinator PG Dept of Foods and
Nutrition,
Bishop Heber College,
Tiruchy.

30. 01.2021

10:30am



Ms.N.VIJAYASHREE
Chief Dietician,
MGM Healthcare,
Chennai.

30.01.2021

11:30am

**No Registration Fee
E-Certificate will be provided**

Sri. C. Lickmichand Jain
Secretary

Dr. M. Inbavalli
Principal

R.Mahalakshmi
HOD & Convenor

PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751



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AGENDA



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Department of Nutrition, FSM & Dietetics

Organizes

Workshop on "WOMEN'S HEALTH"

29th January 2021, Friday

AGENDA

INAUGURAL SESSION

: 1. 30 pm

PRAYER

WELCOME ADDRESS

: **Ms.S. Shobika**

Assistant Professor

Department of Nutrition, FSM & Dietetics

FELICITATION

: **Dr.M.Inbavalli**

Principal, MKJC.

CHIEF GUEST INTRODUCTION

: **Ms.R.Mahalakshmi**

Head, Department of Nutrition, FSM & Dietetics

ADDRESS BY CHIEF GUEST

: **Dr ISHWARIYA B**

General Physician,

Dr. Balas Star Hospital,

Thiruvanamalai

VOTE OF THANKS

: **Ms.J.Deborah**

Assistant Professor

Department of Nutrition, FSM & Dietetics

NATIONAL ANTHEM


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WORKSHOP ON WOMENS HEALTH 29.1.2021-30.1.2021

REPORT

DAY 1 (30.01.2021)

Marudhar Kesari Jain College for Women, Vaniyambadi, Department of Nutrition, Food Service Management and Dietetics Organized Two Days Workshop on "Women's Health" on 29/01/2021 & 30/01/2021. The Programme began with Prayer song and Ms. S. Shobika, Assistant Professor; Department of Nutrition delivered Welcome address. Ms. R. Mahalakshmi, Head Department of Nutrition introduced the Chief Guest followed by Dr. M. Inbavalli; Principal of MKJC facilitated the gathering. Dr. Ishwariya, General Physician, Tiruvannamalai spoke Prevention and Treatment of PCOD. About 75 students were participated and finally, Ms. J. Deborah, Assistant Professor, Department of Nutrition delivered the Vote of Thanks and the session concluded with National Anthem.

DAY 2 (30.01.2021)

The Second day of the workshop started with prayer song and Ms. G. Z. Fathima Bathul, Assistant Professor, Department of Nutrition delivered Welcome address. Ms. R. Mahalakshmi, Head Department of Nutrition and Ms. M. Hajira Kouser, Assistant Professor, Department of Nutrition introduced the Chief Guest followed by Dr. M. Inbavalli, Principal of MKJC facilitated the gathering. Dr. S. Isaiah Samuvel Raj, Associate Professor of Chemistry, Trichy spoke on Cervical Cancer. About 60 students were participated and got benefited through this program. Highlighted on Treatment and Dietary Guidelines of Cancer. The Chief Guest for next session was Ms. N. Vijay Sree, Chief Dietitian, Chennai and she spoke on Food Patterns for PCOD and explained about foods to be included and avoided in PCOD. Finally, Ms. J. Deborah, Assistant Professor, Department of Nutrition delivered the Vote of Thanks and the session concluded with National Anthem.



HEAD OF THE DEPARTMENT


PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751.

PHOTOS

TWO DAYS WORKSHOP ON WOMEN'S HEALTH




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