BEST PRACTICE – 1

1. TITLE OF THE PRACTICE

'Skill Development for Women Empowerment'

2. OBJECTIVES OF THE PRACTICE

- To ensure women empowerment
- To provide a platform for inculcation of basic and advanced skills as per the requirements of job market.
- To promote entrepreneurial and employable attitude and skills among students
- To promote research activities related with skills
- To create social awareness and accountability

3. THE CONTEXT

The vision of the college is to empower the students through dissemination of education. Skill building/development is a powerful tool to empower individuals. It provides more opportunities for employment and self-employment opportunities for the youth, particularly for women. The present technology, global and knowledge based economy is increasingly demanding the higher intensity of skills to do any job. The Institute wants to bridge this gap and provide platform for the promotion of entrepreneurial and employable skills among students and hence the college has introduced Skill Development for Women Empowerment as the best practice.

4. THE PRACTICE:

To make the program effective, following steps were followed

- Identification of skill gaps and the required skill set for the students
- Preparation of Plan for Skill Development Programs.
- Planning the required human and physical resources.
- Announcement of the program and counseling the students about the importance of these skills for career as well as in day to day life.
- Seeking participation of students for the program.
- Making the infrastructure ready
- Organizing the program and giving wide publicity to all the students and faculty members.
- Getting feedback from students, parents and employers

5. EVIDENCE OF SUCCESS

- Awareness about self employment is created among the students.
- The students acquired the basic skills as a potential career option.
- Students demonstrated their skills through self-employment and generated profit.
- Students used their skills in preparing the items for household purpose

The practice made them confident, economically self-reliant ultimately leads to 'Empowerment'

6. PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

1. Most of the students acquired the skills, however they lack in commercialization.
2. Orthodox attitude of parents resulting in lack of support

BEST PRACTICE 2

1. TITLE OF THE PRACTICE

Physical Education Coaching

2. OBJECTIVES OF THE PRACTICE

1. Develop physically educated individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity.
2. Create awareness about sports activities and make students outstanding athletes by proving coaching in different sports disciplines
3. Prepare students to participate in inter university/ National level games/matches.
4. Provide quality mental fitness and health instructions that will enhance students' critical thinking and creativity for them to be more appreciative of good health and skilful performance.

3. THE CONTEXT

Along with the goal of academic excellence, the college aims at developing talent of its students in Extracurricular and co curricular activities to seek their holistic development. Besides academics, physical education in college pays way for State and national level opportunities to the students and empowers them to succeed in the given opportunities.

4. THE PRACTICE

Right from the time of admission, the college ascertains the sports talent of the students and appoints a well-qualified and experienced coach to train and guide the students in sports activities. Additionally, there is a system of continual observation that improves performance and helps them to achieve.

Further, our management aims to groom young talents by offering up to 40% of fee Concession for the outstanding sports players. The regular training and up gradation practice commence right from the beginning of the academic year along with academic activities. The college has spacious arena for sports activities like training halls, indoor auditorium, and well-furnished ground for football, basketball, handball, kho-kho and badminton. The Physical Education Director and the coaches make the sports personalities of the college shine in all competitions. The rigorous and mind-blowing support grooms the players, so that they bring many laurels at the university, State, national and international level sports competition.

5. EVIDENCE OF SUCCESS

Adequate infra-structure, the seamless support given by the management and outstanding performance of the players takes the college to the next level in all the sports events. Utilizing the facilities, the college students grab many medals, awards and championships in the university/state/national level events and competitions.

6. PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

1. Students are achieving university level and state level with the training provided in the college. But difficult to achieve in various national level sports and tournaments. Need extra timings for coaching. Due to private transportation accessibility and family difficulties extra timing coaching is a challenging for them.
2. Students physical stamina is normal level that is difficult for them to meet the challenges at the national level.

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