



### MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous), **VANIYAMBADI**

(A Project of Sri Marudhar Kesari Jain Trust)

Recognised u/s 2(f) & 12(B) by UGC Act, 1956-Permanently Affiliated to Thiruvalluvar University

Accredited by NAAC with "A+" Grade (4th Cycle) - An ISO 21001:2018 EOMS Certified Institution

Supported by DST - FIST

#### PG DEPARTMENT OF PSYCHOLOGY

**ORGANIZED** WORKSHOP

On

## UNDERSTANDING AND SUPPORTING SPECIFIC LEARNING DISABILITIES

19.08.2025

INVITATION



# MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)

Vaniyambadi, Tirupattur District - 635 751

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#### SCHOOL OF LIFE SCIENCES

IVAN PAVLOV ASSOCIATION OF PG DEPARTMENT OF PSYCHOLOGY ORGANIZES

# Workshop on

# **'Understanding and Supporting** Specific Learning Disabilities'

Date: 19.08.2025 | Time: 10.00 am Venue: Sri Arihanth Seminar Hall

**Intra Department Movie Review Competition** 

# Resource Person

Ms. K. Hajira Sulthana., M.Sc., M.Ed.,

Educationalist

Student Counselor, Mind Solutions, Chennai Lead Consultant, Galaxy Learning Centre, Vaniyambadi

V.Dilip Kumar Jain Anand Singhvi

Dr. M. Inbavalli Dr. C. Asokan Ms. M. Ayesha Sabeen Head

President

Principal

Dean, SLS

PRINCIPAL

Kesari Jain College for Women (Autonomous) Vaniyambadi - 635 751. **Tirupattur District** 



#### **AGENDA**





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#### SCHOOL OF LIFE SCIENCES IVAN PAVLOV ASSOCIATION OF THE PG DEPARTMENT OF PSYCHOLOGY **Organizes**

WORKSHOP

UNDERSTANDING AND SUPPORTING SPECIFIC LEARNING DISABILITIES

19.08.2025 Date

10.00 a.m - 01.00 p.m

Time

Venue

Sri Arihanth Block Seminar Hall

Master of Ceremony: Ms. Sidra Kulsum K P - II B.Sc Psychology

**AGENDA** 

:

:

Prayer & Tamil Thaai Vazhthu

Welcome Address

Ms. Aiman Fathima S T

II B.Sc Psychology, MKJC

Felicitation

1. Dr. M.Inbavalli

Principal, MKJC

2. Dr.C.Asokan

Dean, School of Life Sciences, MKJC

Resource Person Introduction

Ms. Aathika Ruffaida K

II B.Sc Psychology, MKJC

Honoring the Resource Person

Dignitaries on the Dias

Resource Person Address

Ms. K. Hajira Sulthana., M.Sc., M.Ed.,

Educationalist

Student Counselor, Mind Solutions, Chennai

Lead Consultant, Galaxy Learning Centre, VNB

**About Movie Review** 

Ms.Umme Ayman N

III B.Sc Psychology, MKJC

**Movie Review Competition** 

**Participants** 

Prize Distribution

Vote of Thanks

Ms. Asin M

I B.Sc Psychology, MIPRINCIPAL

**National Anthem** 

Marudhar Kesari Jain College for Women (Autonomous) Vaniyambadi - 635 751. **Tirupattur District** 



# MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS),VANIYAMBADI



#### **Activity Report**

Title	UNDERSTANDING AND SUPPORTING SPECIFIC LEARNING DISABILITIES		
Organized By	PG Department of Psychology		
Type of Activity	Workshop		
Level	Intra Departmental		
Date	19.08.2025	Time	10.00 a.m to 01.00 p.m
Venue	Seminar Hall (Sri Arihanth Block)	Mode	Offline
Resource Person Details	Ms. K.HAJIRA SULTHANA., M.Sc., M.Ed., Educationalist Student Counselor, Mind Solutions, Chennai Lead Consultant, Galaxy learning centre Vaniyambadi		
Objective of the	1.To define the concept of Specific Learning Disabilities (SLDs) and differentiate them from other developmental or intellectual disabilities.		
Programme			
	2.To identify the major types of SLDs (e.g., dyslexia, dysgraphia, dyscalculia)		
	and their common signs and symptoms across different age groups.		
	3.To apply effective classroom accommodations, teaching strategies, and		
	intervention methods to support learners with SLDs.		
	4.To reflect on the role of educators and community members in fostering an		
	inclusive and supportive learning environment.		
	5.To demonstrate empathy and inclusive practices to reduce stigma and promote		
	self-esteem among students with SLDs.		
Internal Participants Count	Students: 99 Faculty: 8	External Participants Count	Students : Nil Faculty : Nil

#### Summary

The Ivan Pavlov Association of the PG Department of Psychology, under the School of Life Sciences of Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi organized a workshop titled 'Understanding and Supporting Specific Learning Disabilities' on 19.08.2025 between 10.00 a.m - 01.00 p.m in Sri Arihanth Block Seminar Hall. The program begun with the prayer song followed by the invocation to Mother Tamil and Ms.Aiman Fathima S T of II B.Sc Psychology proposed the welcome address. The Dean,

School of Life Sciences, Dr.C.Asokan, felicitated the gathering by insisting the need to understand specific learning disabilities and ways to handle them effectively. Ms.Aathika Ruffaida K of II B.Sc Psychology introduced the resource person for the day, following which the resource person was honored and then the session was then handed over to Ms. K.Hajira Sulthana, Educationalist, Student Counselor, Mind Solutions, Chennai and Lead Consultant, Galaxy Learning Centre, Vaniyambadi.

With her vast experience in counseling and education, she highlighted the importance of early diagnosis, intervention, and effective support strategies towards learning disabilities.

The highlights of the workshop is as follows:

#### 1. Introduction to Learning Disabilities

- Defined learning disabilities as difficulties arising from how the brain processes information.
- Discussed common conditions such as Dyslexia, Dyscalculia, Dysgraphia, ADHD, Auditory Processing Disorder, and Nonverbal Learning Disorder.

#### 2. Types of Specific Learning Disabilities

- o Dyslexia: Reading, spelling, language processing issues.
- o Dyscalculia: Difficulties in number sense, arithmetic, and math reasoning.
- Dysgraphia: Writing difficulties, poor handwriting, spelling issues, and motor skill problems.
- Auditory Processing Disorder: Trouble understanding sounds, speech, and directions despite normal hearing.
- Nonverbal Learning Disorder: Challenges in social skills, motor coordination, and visual-spatial understanding.

#### 3. Diagnosis & Assessment Tools

- o Wechsler Intelligence Scale for Children (WISC)
- Stanford-Binet Intelligence Scales
- o Differential Ability Scales (DAS)
- Dyslexia Assessment for Languages of India (DALI)

#### 4. Myths vs. Facts about Learning Disabilities

- Debunked common misconceptions such as linking LDs to laziness, poor IQ, or bad parenting.
- Emphasized that children with learning disabilities can thrive in mainstream schools and achieve successful careers with proper support.

#### 5. Intervention and Support Strategies

- Educational accommodations (extra time, alternative assessments).
- Psychological and parental support.
- Use of assistive technology.
- Occupational therapy, speech and language therapy, and behavioral interventions.

#### 6. Awareness and Social Support

- Encouraged breaking stereotypes around learning difficulties.
- Shared initiatives from Galaxy Learning Centre, including marathons and awareness programs to promote inclusivity.

The workshop was highly insightful and impactful, leaving participants with a better awareness of learning disabilities and the need for collective efforts in supporting affected individuals. The students interacted with the resource person effectively, got their queries cleared and registered their valuable feed backs regarding the session.

As part of the workshop, an Intra-Department Movie Review Competition was conducted, where students analyzed films portraying learning disabilities. This activity helped participants gain a deeper understanding of how media can shape perceptions about disabilities. The competition was judged by Dr.Jesu Jaya Sudhan, Associate Dean - Research, Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi. The top three winners of the competition were awarded with medals and certificates.

Vote of thanks was proposed by Ms. Asin M of I B.Sc Psychology and the program came to an end by singing the National Anthem.

#### **Outcome of the Programme**

- 1. The participants gained clear understanding of the concept, types, and causes of Specific Learning Disabilities (SLDs).
- 2. The workshop helped the participants to develop increased sensitivity and empathy toward learners with SLDs, fostering a positive and stigma-free classroom environment.
- 3. The workshop provided the ability to suggest or use basic screening and referral processes for suspected cases.
- 4. The Participants were able to collaborate effectively with parents, specialists, and other stakeholders to create individualized support plans.
- 5. The training session increased participants confidence in handling emotionally challenging scenarios.

**IQAC Director** 

PRINCIPAL Marudhar Kesari Jain College for Women (Autonomous)

Vaniyambadi - 635 751. **Tirupattur District** 

#### **PHOTOS**





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