



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous), VANIYAMBADI

(A Project of Sri Marudhar Kesari Jain Trust)

Recognised u/s 2(f) & 12(B) by UGC Act, 1956-Permanently Affiliated to Thiruvalluvar University

Accredited by NAAC with "A+" Grade (4th Cycle) – An ISO 21001:2018 EOMS Certified Institution

Supported by DST - FIST

PG DEPARTMENT OF PSYCHOLOGY

ORGANIZED

FIELD TRIP

TO

PSYCHIATRY UNIT OF CMC, VELLORE

26.08.2025

INVITATION



MARUDHAR KESARI JAIN

College for Women (Autonomous)



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INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of Education Initiative)
4 STAR Rating

SCHOOL OF LIFE SCIENCES

IVAN PAVLOV ASSOCIATION OF PG DEPARTMENT OF PSYCHOLOGY

ORGANIZES



Field Trip!

Psychiatry Unit of C.M.C. Vellore

PRINCIPAL

Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District

Date : 26.08.2025



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Ms. M. Ayesha Sabeen
Head

REPORT



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI

Field Visit Report

Title	CHRISTIAN MEDICAL COLLEGE, BAGAYAM CAMPUS, VELLORE		
Organized By	PG Department of Psychology		
Type of Activity	Field Visit		
Level	Intra Departmental		
Date	26.08.2025	Time	10.00 a.m to 02.00 p.m
Venue	Psychiatry Unit of CMC	Mode	Offline
Resource Person Details			
Objective of the Field Trip	1.To understand the academic and clinical programs offered by CMC, including M.Phil. in Clinical Psychology and Occupational Therapy. 2.To explore the institutional environment and facilities supporting mental health education and practice. 3.To observe how interdisciplinary collaboration happens among psychology, psychiatry, and occupational therapy. 4.To learn about the practical exposure and training opportunities available for students in the field. 5.To bridge classroom learning with real-world professional practices through observation and discussion.		
Internal Participants Count	Students : 30 Faculty : 2	External Participants Count	Students : Nil Faculty : Nil

Summary

The Ivan Pavlov Association of the PG Department of Psychology, under the School of Life Sciences of Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi organized a field trip to the **Psychiatry Unit of Christian Medical College, Bagayam Campus, Vellore** on 26.08.2025 between 10.00 a.m - 02.00 p.m.

The team of students and faculty of the PG Department of Psychology departed from the college premises around 07.00 a.m and entered the Psychiatry Unit of CMC, Vellore

around 09.30 a.m and started their visit towards various sections of the Psychiatry unit like specialized interventions in psychiatry, occupational therapy, and clinical psychology.

The field trip was divided into the following segments as mentioned below:

Session on Occupational Therapy: 10.00 a.m to 10.45 a.m

The session on Occupational Therapy (OT) was conducted by Dr. Reema Samuel (Associate Professor, OT). She explained how OT enhances health and well-being through meaningful occupations, focusing on children, adolescents, and adults. The students learnt about assessment domains such as ADLs, work, leisure, social participation, Intervention models including behavioral, cognitive-behavioral, psychoanalytical, humanistic and sensory integration

Tour of the Psychiatry Unit: 10.45 a.m to 11.30 a.m

The tour of the psychiatry unit was led by Dr. Ranjit Abraham Shadrach (Senior Resident). He guided the team through various sections including: Early intervention rooms, Autism suites, Infant stimulation areas, Adult psychiatry sections, Acute care rooms, ECT facilities. This provided the students with a clear understanding of how clinical services are organized and delivered in emergencies and long-term care.

Session on Child and Adolescent Psychiatry: 11.30 a.m to 12.30 p.m

The session was delivered by Dr. Merlin Thanka Jenin (Reader in Clinical Psychology). She highlighted the role of clinical psychologists in:

Child development and assessment

Psychotherapy and family training

Applications in neurology, oncology, palliative care, burns, and adolescent medicine.

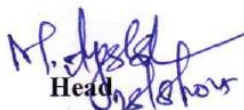
Conclusion

This field visit helped the students connect classroom learning with real-world practice. It strengthened their understanding of how psychiatric, psychological, and occupational therapy services integrate to provide holistic mental health care.

Around 01.00 p.m the students boarded their bus towards the campus from CMC, and reached the college premises around 02.45 p.m.

Outcome of the Field Trip

1. The students acquired clear insights into CMC's academic and clinical training programs.
2. The field trip helped the participants to gain a better understanding of the admission process, curriculum, and career pathways in psychology-related courses.
3. The field trip provided an enhanced awareness of the practical application of psychological theories in hospital and institutional settings.
4. The students were able to improve their interaction skills through engagement with professionals and faculty members.
5. The field trip visit inspired students to set focused academic goals and consider interdisciplinary approaches to healthcare.



Head


28/8/25
IQAC Director


Principal
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PHOTOS




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