



**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS),
VANIYAMBADI**

PG DEPARTMENT OF PSYCHOLOGY

BRIDGE COURSE 2025 - 2026

COURSE NAME: FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

COURSE OBJECTIVES

1. To recognize various roles available to psychology graduates across clinical, educational, organizational, forensic, and research settings.
2. To outline the evolution of psychology from its philosophical roots to its emergence as a scientific discipline.
3. To explain fundamental psychological concepts including memory, attention, learning, perception, motivation and understand how neural activity contribute to psychological processes and mental health.
4. To gain introductory skills in analyzing and interpreting test results using standard psychological metrics and to identify key milestones and biological changes in physical growth, motor skills, and brain development.
5. To demonstrate basic counselling skills such as active listening, empathy, paraphrasing, questioning, and building rapport.

Section	Topic	Pedagogy Activity	Staff incharge
1	Overview & Outline of the programme: Curriculum structure of the degree programme. Career opportunities & Higher education in Psychology	Presentation	Ayesha Sabeen M
2	Introduction to Psychology : Overview, History, Major Schools of thought, Different Specializations within Psychology	Presentation	Ayesha Sabeen M
3	Basic Psychological principles: Fundamental Concepts – Memory, attention, learning, perception and motivation	Demonstration method	Swetha S
4	Biological Basis of behaviour: Nervous System, Structure and functions of brain and role of hormones in behaviour	Lecture method	Ayesha Sabeen M
5	Psychological Testing: Basic concepts of psychological assessments and standardized tests.	Laboratory demonstration	Swetha S

6	Personality Psychology Theories of personality and various personality traits	Lecture method	Narmadha M K
7	Developmental Psychology Human development, including physical, cognitive, and social-emotional development.	Case Studies	Swetha S
8	Social Psychology Social influences on behavior, attitudes, and group dynamics.	Lecture method	Narmadha M K
9	Laboratory rules - Do's and Don'ts	Lab visit	Swetha S
10	Counselling Psychology Basics of counselling, counselling set up, counsellor skills, qualities of a good counsellor.	Role Playing (Peer Learning)	Students from III B.Sc Psychology

COURSE OUTCOMES

On the successful completion of the course, the student will be able to

1. Use knowledge of available roles to create personal career goals and identify pathways for professional development.
2. Outline significant events and developments that contributed to the establishment of psychology as an independent scientific field.
3. Clearly describe the processes of memory, attention, learning, perception, and motivation and describe how brain structures and neural activity underpin cognitive and emotional processes.
4. Explain how psychological tests are used to assess cognitive abilities, personality traits, and other psychological constructs and describe major stages and benchmarks in physical development across the lifespan.
5. Establish a trusting and supportive relationship with clients to promote a safe counselling environment.

ASSESSMENT

E Quiz / Group Projects / Group Discussions

M. Jyoti
HOD 29/5/2021

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for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous), VANIYAMBADI

PG DEPARTMENT OF PSYCHOLOGY

2025 - 2026

I B.Sc PSYCHOLOGY

BRIDGE COURSE - FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

TIMETABLE

Date / Hour	I	II	III	IV	V
09.06.2025	Fundamental Concepts of Psychology Ms. M. Ayesha Sabeen	Motivational Class Dr. Merlin Mythili	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.K.Narmadha	Fundamental Concepts of Psychology Ms. S. Swetha
10.06.2025	Fundamental Concepts of Psychology Ms. M.Ayesha Sabeen	Beyond Curriculum & Exam Pattern Dr.M.Srinivasan	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.K.Narmadha	Fundamental Concepts of Psychology Ms. S. Swetha
11.06.2025	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.Ayesha Sabeen	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.K.Narmadha	Fundamental Concepts of Psychology Ms. S.Swetha
12.06.2025	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. S.Swetha	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.K.Narmadha	Fundamental Concepts of Psychology Ms. S.Swetha
13.06.2024	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.Ayesha Sabeen	Communicative English Ms. M. Karpagam	Fundamental Concepts of Psychology Ms. M.K.Narmadha	Sports

Ms. Ayesha Sabeen
HOD

29/05/2025
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29/05/2025
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PG DEPARTMENT OF PSYCHOLOGY

2025 - 2026

BRIDGE COURSE

FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

09.06.2025 – 13.06.2025

PHOTOS



NP. Jeyaraj
H O D 16/6/2025

Dean
Dean, School of Life Sciences

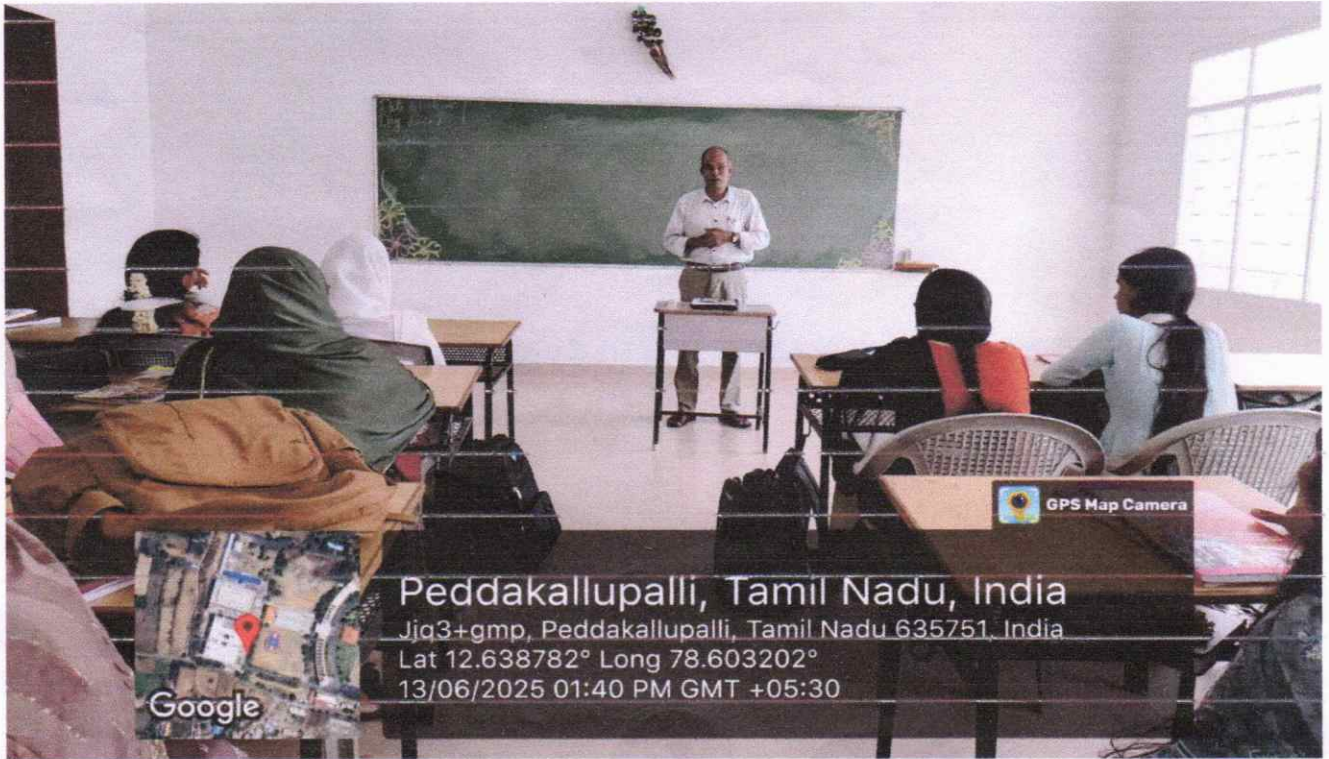
Principal
Principal
Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751
Tirupattur District



M. Jyoti
 H O D

16/6/25
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Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Bridge Course Attendance



Department : PSYCHOLOGY
Academic Year : 2025 - 2026
Class : I B.Sc PSYCHOLOGY
Course Name : FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

S.No	Name of the Student	Signature				
		09.06.25	10.06.25	11.06.25	12.06.25	13.06.25
1	AAMINA RAMEEN C	Amina	Amina	Amina	Amina	Amina
2	AFIFA KULSUM H	Afifa	Afifa	Afifa	Afifa	Afifa
3	AFSA MAHEEN G	Afsan	Afsan	Afsan	Afsan	Afsan
4	ARSHIYA FATHIMA	Arshiya fathima	Arshiya fathima	Arshiya fathima	Arshiya fathima	Arshiya fathima
5	ASIN M	Asin	Asin	Asin	Asin	Asin
6	AYESHA SIDDIQUA K	Ayesha	Ayesha	Ayesha	Ayesha	Ayesha
7	AZKIYA FARA S	Aziya Fara S	Aziya Fara S	Ab	Ab	Aziya Fara S
8	BANGI HAANIYA UROOJ	Haniya	Haniya	Haniya	Haniya	Haniya
9	BARKATH FATHIMA S	Barkath	Barkath	Barkath	Barkath	Barkath
10	IQRA THARANNUM R	Iqra tharannum R	Iqra tharannum R	Iqra tharannum R	Iqra tharannum R	Iqra tharannum R
11	JANANI M	M. Janani	M. Janani	M. Janani	M. Janani	M. Janani
12	KANIMOZHI V	V. Kanimozhi	V. Kanimozhi	V. Kanimozhi	V. Kanimozhi	AB
13	LATHIKA B	B. Lathika	B. Lathika	B. Lathika	B. Lathika	B. Lathika
14	MAHASIN BARZAH G	M. Barzah	M. Barzah	M. Barzah	M. Barzah	M. Barzah
15	MUSFIRA FATHIMA M	Ab	M. Musfirah	M. Musfirah	M. Musfirah	M. Musfirah

S.No	Name of the Student	Signature				
		09.06.25	10.06.25	11.06.25	12.06.25	13.06.25
16	MUSKAN FATHIMA N	Muskan	Muskan	Ab	Muskan	Muskan
17	NANDHINI S	Nandhini S	Nandhini S	Nandhini S	Nandhini S	Nandhini S
18	PAVITHRA S	Pavithra S	Pavithra S	Pavithra S	Pavithra S	Pavithra S
19	PREETHI J	Preethi J	Preethi J	Preethi J	Preethi J	Preethi J
20	RIDA FATHIMA MARGAYAL	Rida	Rida	Rida	Rida	Rida
21	SANKARI S	Ab	Ab	P. Sankari	P. Sankari	P. Sankari
22	SENBAGAM P	Senbagam	Senbagam	Senbagam	Senbagam	Senbagam
23	SHAMSIYA KOUNAIN N	Shamsiya	Shamsiya	Shamsiya	Shamsiya	Shamsiya
24	SHARIHA SHANAVAS JANI	Sharha S	Sharha S	Sharha S	Sharha S	Sharha S
25	SHARMILA S	S. Sharmila	S. Sharmila	S. Sharmila	S. Sharmila	S. Sharmila
26	TASLEEM A	Tasleem A	Tasleem A	Tasleem A	Tasleem	Tasleem A
27	VIJAYADHARSHINI V	Vijayadharshini V	Vijayadharshini V	Vijayadharshini V	Vijayadharshini V	Vijayadharshini V
28	ZARA BALQEES K	Ab	K. Zara	K. Zara	K. Zara	K. Zara
29	ZUHA ARFAIN M	Zuhaf	Zuhaf	Zuhaf	Zuhaf	Zuhaf

Class Incharge

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Principal

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Tirupattur District



Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Bridge Course Feedback

32
Years of
Educational
Excellence

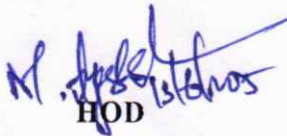
Department : PSYCHOLOGY
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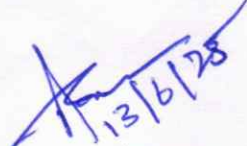
S.No	Name of the Student	Feedback
1	AAMINA RAMEEN C	I enjoyed bridge course. It was interesting and I learned many things from it.
2	AFIFA KULSUM H	Bridge Course was an interesting experience for me and I learned many skills & enjoyed it too.
3	AFSA MAHEEN G	This bridge Course was so motivating for me to start the career as a Psychologist. I am very happy that I have learned very much in this course.
4	ARSHIYA FATHIMA	The Bridge course is great job explaining Basics of psychology. The session where good and understandable.
5	ASIN M	In this Bridge course, I learned a lot about Psychology and career opportunity and eager to learn more in curriculum.
6	AYESHA SIDDIQUA K	The bridge Course was so interesting. I have learned more in this. Thankyou for giving opportunity.
7	AZKIYA FARA S	It helped bridge the gap between school-level & college level psychology. It improved understanding in foundational psychological levels.
8	BANGI HAANIYA UROOJ	1) To be honest, This bridge Course was more than I expected. 2) It was actually fun learning the basics. 3) moreover, it was fascinating.
9	BARKATH FATHIMA S	The bridge Course was really nice and good. I learn more things in this Course.
10	IQRA THARANNUM R	The course was good and understandable. Like explaining each topic with real-life examples.

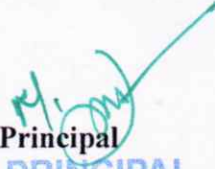
S.No	Name of the Student	Feedback
11	JANANI M	Bridge course is improving knowledge its very interesting & useful. During this class I learn something. I enjoyed this classes. I will teach to my parents & siblings.
12	KANIMOZHI V	Bridge course was very helpful & I gained prior knowledge about the Department and course objective.
13	LATHIKA B	Bridge course was really nice and fine. This course is helpful for my future and I learn many things.
14	MAHASIN BARZAH G	The course was easy to understand, and gave me a clear idea of psychology, which made me more confident and interested to study.
15	MUSFIRA FATHIMA M	The bridge course was good. There were interactive sessions with engaging.
16	MUSKAN FATHIMA N	I enjoyed the bridge course & I come to learn many new things about psychology.
17	NANDHINI S	The bridge course was really useful to me. I don't know why I have chosen psychology and after attending bridge course I got an answer for choosing psychology.
18	PAVITHRA S	This bridge course was useful and I learned many things about it and I am interested to learn more.
19	PREETHI J	I really liked Bridge course and learned a lot. Thanks for this Beneficial Interactive classes.
20	RIDA FATHIMA MARGAYAL	Bridge course enhanced our knowledge about psychology. Many basics and new concepts were taught. It served as a pathway for our upcoming classes.
21	SANKARI S	I understand basic psychology in the bridge course that help me to get more interest.
22	SENBAGAM P	Bridge course is new to learn about psychology. I learnt more about psychology. In this bridge course it was interesting.

S.No	Name of the Student	Feedback
23	SHAMSIYA KOUNAIN N	Bridge course is an interesting course. it helps me to understand about psychology. If I want to choose a career I can choose confident. It has shape my mind in a different way to think.
24	SHARIHA SHANAVAS JANI	The bridge course was nice and refreshing to all of us.
25	SHARMILA S	Bridge course gives sufficient time to the student's it was very useful to learn about the basics of the psychology i enjoyed this bridge course
26	TASLEEM A	I understand basic concept of psychology through this concept. It was interesting to me
27	VIJAYADHARSHINI V	In this bridge course I learnt the basic knowledge about psychology and various career opportunities
28	ZARA BALQEES K	I don't know about anything in psychology. The bridge course help me very well about.
29	ZUHA ARFAIN M	The bridge course was excellent. It brings more things I learnt more about psychology.


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