



**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous),
VANIYAMBADI**



**PG DEPARTMENT OF PSYCHOLOGY
SYLLABUS FOR BRIDGE COURSE 2024 - 2025
Course Title: FUNDAMENTAL CONCEPTS OF PSYCHOLOGY**

Class: I B.Sc PSYCHOLOGY

Learning Objectives

To offer the students a comprehensive overview and understanding of

1. An overview of the field of Psychology, including its history and key concepts
2. Memory, its types and the importance of memory in everyday life
3. Sleep and its stages with relation to the meaning of dreams.
4. Current trends in the field of Psychology
5. Career opportunities and the need of research in Psychology.

COURSE OUTLINE

UNIT I - BASICS OF PSYCHOLOGY

Introduction - Psychology as a Science - Importance and scope of Psychology
- Evaluation of Psychology - Levels of explanation in Psychology - The challenges of studying Psychology - Research methods in Psychology.

UNIT II - MEMORY

Memory and forgetting - Human memory - Kinds of information stored in memory - Memory in everyday life - Memory distortion - Improving memory.

UNIT III - SLEEP & DREAMS

Sleep - Stages of sleep - Paradox of sleep - Meaning of dream - Sleep disturbances - Day dreams - Dreams without sleep.

UNIT IV - CURRENT TRENDS IN PSYCHOLOGY

Growing demand for mental health services - Increased awareness of mindfulness - Integration of AI advancements - Psychological education - Changed attitude towards Science and mental health in the post pandemic era.

UNIT V - CAREER OPPORTUNITIES IN PSYCHOLOGY

What can you do with a Psychology degree? - Typical Psychology careers- Psychology in health and therapy - Psychology career in education - Psychology in research.

COURSE OUTCOMES

On the Successful completion of the course, the student will be able to

1. Understand the scope and importance of Psychology in one's life
2. Explain the various kinds of emotions we are surrounded with
3. Elucidate the relationship between stress and well being
4. Gain knowledge about the current trends in the field of Psychology
5. Choose wise career scope in Psychological field.

TEXT BOOKS

1. Ciccarelli, S.K., & White, J.N. Psychology 5th ed. (2018). Adapted Misra, G.Noida: Pearson India Education Services Pvt Ltd
2. Baron, R.A. & Misra, G. (2017) Psychology Indian Subcontinent Edition (5thed.) India, U.P.: Pearson India Inc.
3. Robert, S. Feldman. (2009) Essentials of Understanding Psychology (Eighth Edition). Mc Graw Hill Higher Education.

TEACHING METHODOLOGY

- Lecture Method
- Power Point Presentation
- Group Discussion

UNIT ALLOCATION

S. No	UNIT	NAME OF THE FACULTY
1	Basics of Psychology	Ms. S. Salma Parveen
2	Memory	Ms. M.Ayesha Sabeen
3	Sleep and Dreams	Ms. R. Santhiya
4	Current Trends in Psychology	Ms. T.Lokeshwari
5	Career Opportunities in Psychology	Ms. Feby Baiju

M. Ayesha
HOD 20/6/2024

DEAN LIFESCIENCES

2/7/2024

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PG DEPARTMENT OF PSYCHOLOGY

2024 - 2025

I B.Sc PSYCHOLOGY

BRIDGE COURSE TIMETABLE

Date / Hour	I	II	III	IV	V	VI
20.06.2024	Fundamental Concepts of Psychology S.Salma Parveen	Sports	Fundamental Concepts of Psychology M.Ayesha Sabeen	Communicative English - Placement D.Jayapriya	Fundamental Concepts of Psychology R.Santhiya	Communicative English - C.India
21.06.2024	Communicative English - C.India	Sports	Fundamental Concepts of Psychology Dr.C.Asokan	Fundamental Concepts of Psychology S.Salma Parveen	Fundamental Concepts of Psychology Feby Baiju	Communicative English - Placement D.Jayapriya
24.06.2024	Communicative English - C.India	Fundamental Concepts of Psychology R.Santhiya	Fundamental Concepts of Psychology Feby Baiju	Fundamental Concepts of Psychology S.Salma Parveen	Sports	Communicative English - Placement D.Jayapriya
25.06.2024	Fundamental Concepts of Psychology T.Lokeshwari	Sports	Communicative English - Placement D.Jayapriya	Communicative English - C.India	Fundamental Concepts of Psychology M.Ayesha Sabeen	Communicative English - S.Janani Bai
26.06.2024	Fundamental Concepts of Psychology T.Lokeshwari	Communicative English - Placement D.Jayapriya	Sports	Fundamental Concepts of Psychology Feby Baiju	Fundamental Concepts of Psychology T.Lokeshwari	Fundamental Concepts of Psychology M.Ayesha Sabeen

M. Ayesha Sabeen
HOD 19/6/2024

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M. Ayesha Sabeen
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BRIDGE COURSE – FUNDAMENTALS OF PSYCHOLOGY

Name of the handling staff

Unit I: Basics of Psychology	-	Ms. S.Salma Parveen
Unit II: Memory	-	Ms. M.Ayesha Sabeen
Unit III: Sleep & Dreams	-	Ms. R.Santhiya
Unit IV: Current trends in Psychology	-	Ms. T.Lokeshwari
Unit V: Career Opportunities in Psychology	-	Ms.Feby Baiju


HOD 21/6/2024


DEAN LIFESCIENCES


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VANIYAMBADI



PG DEPARTMENT OF PSYCHOLOGY

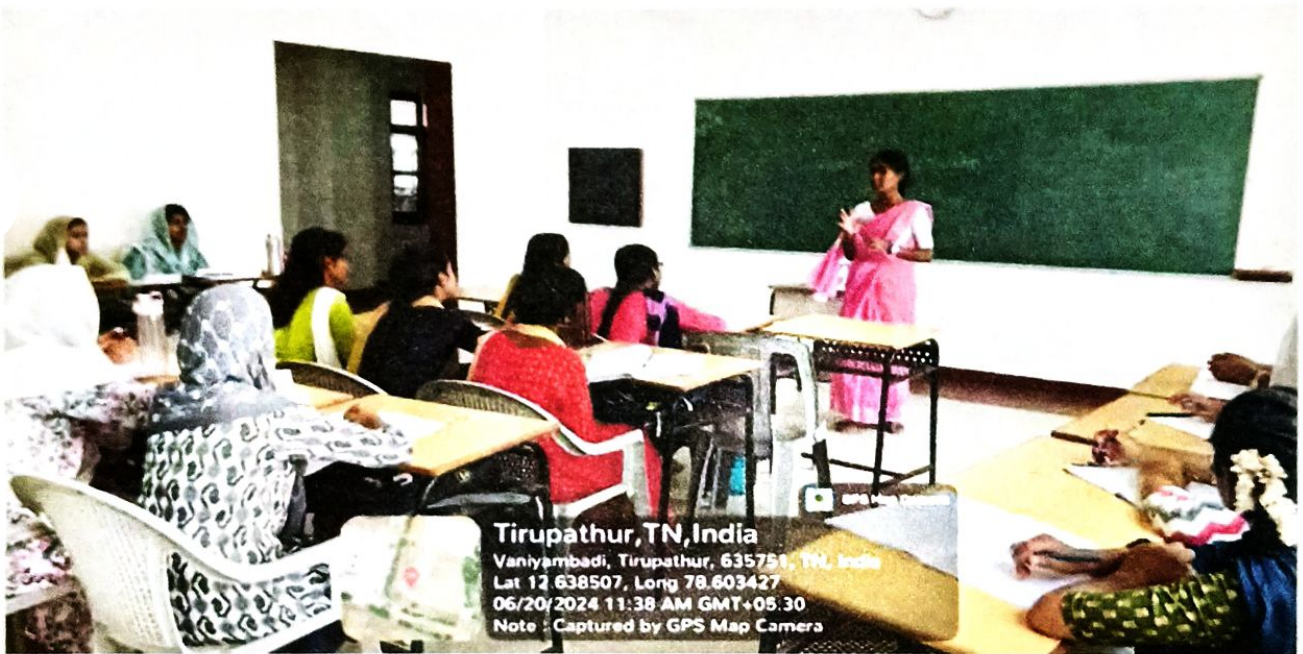
2024 - 2025

BRIDGE COURSE

FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

20.06.2024 – 26.06.2024

PHOTOS



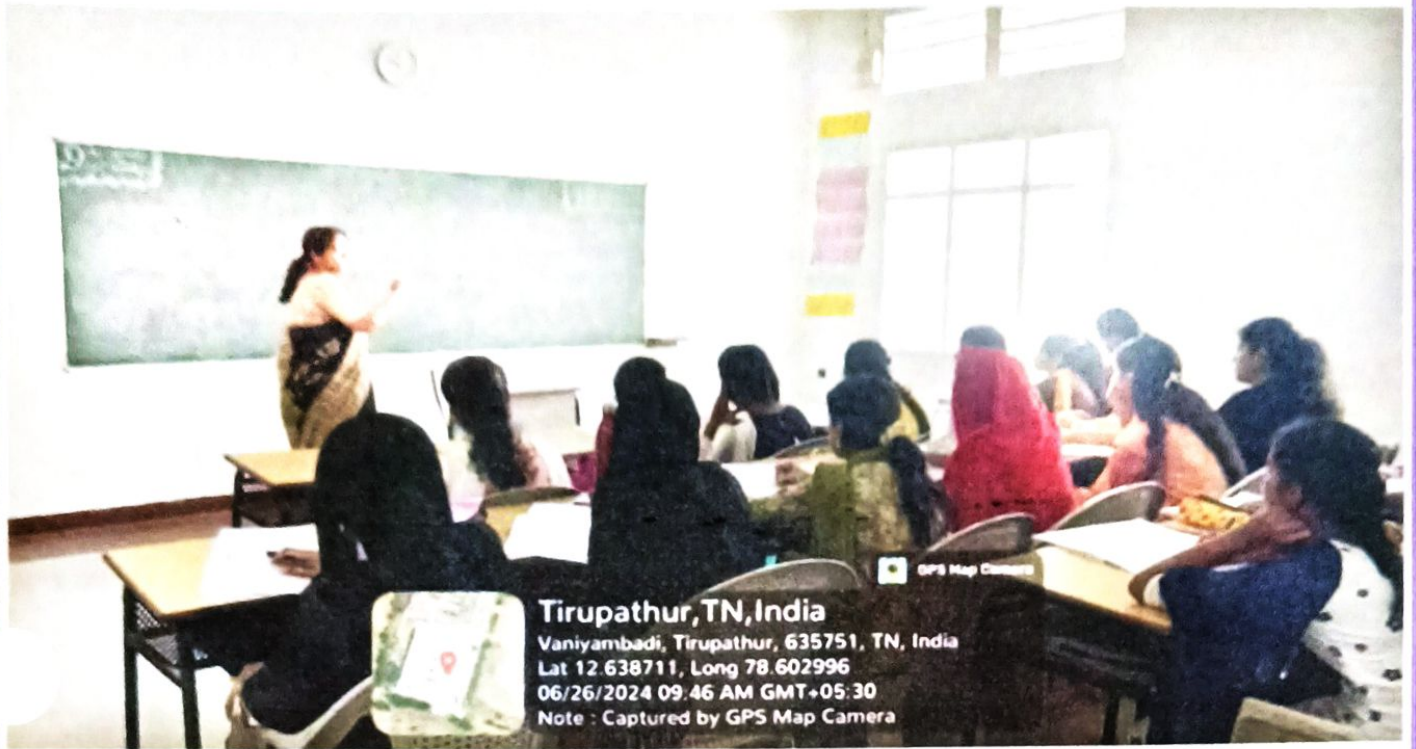
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Tirupathur, TN, India

Vaniyambadi, Tirupathur, 635751, TN, India

Lat 12.638711, Long 78.602996

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M^{rs} *Marudhar Kesari*

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Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Bridge Course Name List



Department : PSYCHOLOGY
Academic Year : 2024 - 2025
Class : I B.Sc PSYCHOLOGY
Course Name : FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

S.No	Name of the Student	Signature of the Student
1	AATHIKA RUFFAIDA K	<i>Aathika Ruffaida K</i>
2	AIMAN FATHIMA S T	<i>Aiman Fathima S T</i>
3	ANUSRI S	<i>Anusri S</i>
4	CIGINAVATHI C	<i>Ciginavathi C</i>
5	DHANISH HAREEM K	<i>Dhanish Hareem K</i>
6	DIVYA M	<i>Divya - M</i>
7	FATHIMA THAHSEEN A	<i>Fathima Thahseen A</i>
8	JEEVITHA D	<i>Jeevitha D</i>
9	KAVIYA S	<i>Kaviya S</i>
10	MUBARRAH SAMEEN P A	<i>P.A. Mubarrah Sameen</i>
11	MUSFIRA NAAZ H B	<i>H.B. Musfira Naa3</i>
12	NIVETHA B	<i>Nivetha B</i>
13	SAKTHI J	<i>Sakthi J</i>
14	SHARIKHA NAAZ	<i>Sharikha Naa3</i>
15	SIDRA KULSUM K P	<i>K.P. Sidra Kulsum</i>
16	SRIMATHI S P	<i>S.P. Srinathi</i>
17	SUHA SALIHA S	
18	UDHAYA CHANDRIKA S	<i>S. Udhaya Chandrika</i>

S. B. S.
Class Incharge 20/6/24

M. J. S.
HOD 20/6/2024

M. J. S.
Principal
PRINCIPAL
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Vanivambadi - 635 751
20/6/2024



Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Bridge Course Attendance



Department : PSYCHOLOGY

Academic Year : 2024 - 2025

Class : I B.Sc PSYCHOLOGY

Course Name : FUNDAMENTAL CONCEPTS OF PSYCHOLOGY

S.No	Name of the Student	Signature				
		20.06.24	21.06.24	24.06.24	25.06.24	26.06.24
1	AATHIKA RUFFAIDA K					
2	AIMAN FATHIMA S T					
3	ANUSRI S					
4	CIGINAVATHI C					
5	DHANISH HAREEM K					
6	DIVYA M					
7	FATHIMA THAHSEEN A					
8	JEEVITHA D					
9	KAVIYA S					
10	MUBARRAH SAMEEN P A					
11	MUSFIRA NAAZ H B					
12	NIVETHA B					
13	SAKTHI J					
14	SHARIKHA NAAZ					
15	SIDRA KULSUM K P					
16	SRIMATHI S P					
17	SUHA SALIHA S					
18	UDHAYA CHANDRIKA S					

Class Incharge

HOD

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Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Bridge Course Feedback



Department : **PSYCHOLOGY**
Academic Year : **2024 - 2025**
Class: **I B.Sc PSYCHOLOGY**
Course Name: **FUNDAMENTAL CONCEPTS OF PSYCHOLOGY**

S.No	Name of the Student	Feedback
1	AIMAN FATHIMA S T	This bridge course was effective and helpful. It helped us in understanding the basic concepts, outline and Scope of it.
2	DHANISH HAREEM K	This bridge course helped me to understand what is psychology and the various branches of psychology
3	KAVIYA S	This bridge course gave me insights on the basic concepts of Psychology and highlighted the career opportunities related to psychology.
4	MUBARRAH SAMEEN P A	The Bridge course was very helpful to understand the outline of psychology programme its Importance and scope.
5	NIVETHA B	* In this bridge course I learnt many informations about Psychology. I came to know the concepts of psychology and career opportunities.
6	SAKTHI J	• The Bridge course was more informative • I'm very curious to acquire more knowledge regarding cognitive process & Behaviour
7	SHARIKHA NAAZ	This bridge course helped me to know more about psychology. I am interested to pursue this degree
8	SIDRA KULSUM K P	• Bridge course was Informative & Provided a Basic understanding about Psychology • We got knowledge regarding concepts of Psychology and Research methods in Psychology
9	SRIMATHI S P	* Bridge course was very helpful for us to learn about the basics of Psychology. * It was very informative and effective.
10	UDHAYA CHANDRIKA S	Through this bridge course I got more collective informations about psychology. The classes were good and interesting

S. Sathya
Class Incharge

M. Jeyaraj
HOD

H. Jeyaraj
Principal
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